Police Response to People with Mental Illness: Specialized Approaches

Melissa Reuland
Police Executive Research Forum
Senior Research Consultant

What is the nature of the problem?

- NYPD reports they respond to a call involving a person with mental illness once every 6.5 minutes (2002).
- LAPD reports spending approximately 28,000 hours a month on these calls (*DeCuir and Lamb, 1996*).
- In one year, law enforcement officers in Florida transported a person with mental illness for involuntary examination (Baker Acts) over 40,000 times, which exceeds the number of arrests in the state for aggravated assault or burglary (2000).
- The prevalence rate of severe mental disorder is 6.4% for male detainees entering jail (*Teplin, 1990*) and 12.2 % for female detainees (*GAINS, 2001*).

Why implement a specialized approach to people with mental illness?

- Police encounters with people with mental illness can be common, time consuming and unpredictable.
- These situations can result in injuries and even death.
- Patrol officers cannot easily access mental health services.
- People with mental illness who have not committed serious crimes do not belong in jail.

• • • What are models of specialized police approaches?

Programs that are *police-based* include:

- **Crisis Intervention Teams**—A cadre of officers is trained to identify signs and symptoms of mental illness, de-escalate the situation and bring the person in crisis to an efficient, round-the clock treatment center.
- **Co-responder Teams**—An officer pairs with a mental health professional to respond to the scene of a crisis involving mental illness.

What are the essential elements of these models?

- Collaborative Planning and Implementation
- Specialized Training
- Call Taker and Dispatcher Protocols
- On-Scene Stabilization and De-Escalation
- On-Scene Assessment of Mental Illness Signs and Symptoms, and the Subsequent Disposition

- Confidentiality and Information Exchange
- Transportation and Custodial Transfer
- Treatment, Supports, Specialized Crisis Response Sites, and Services
- Organizational Support
- Program Evaluation and Sustainability

Publications on Improving the Police Response

- 1986, Managing Persons with Mental Disabilities, Gerard Murphy, PERF
- 1997, Police Response to People with Mental Illnesses,
 DOJ
- 2002, Criminal Justice/Mental Health Consensus Project, CSG
- 2003 and 2005, Guides to assist in Implementing and Enhancing Police-Based Diversion Programs for People with Mental Illness, TAPA Center

Law Enforcement / Mental Health Partnership Program

- Funded by the Bureau of Justice Assistance (BJA) in 2005
- Deliverables will include:
 - Training resource "Toolkit"
 - "Essential Elements" document
 - Interactive database of program information
 - Policy brief on statewide implementation efforts

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Melissa Reuland Research Consultant

410-377-2264

mreuland@policeforum.org

www.consensusproject.org

www.policeforum.org

www.tapacenter.org

www.gainsctr.com